

# Parkinson's Singing Cafe



**Fortnightly sessions, Tuesday 2:30pm - 3:30pm**

Falkland Cricket Club, Newbury RG14 6TW (during term time)

**Weekly sessions, Friday 11:00am - 12:00noon**

Lynwood Village, Sunninghill SL5 0FG (during term time)

**Strengthen your speaking voice, compliment your speech therapy, get moving and have fun. At the singing cafes, we work on gait, movement, breathing, balance, sequencing and Memory skills and well as catching up with friends.**

**No skills or singing experience needed.**

For further details contact  
[singingcafes@berksmusictrust.org.uk](mailto:singingcafes@berksmusictrust.org.uk)



**Just come along and try a session!**